

5 Podcasts for your kids to listen to and learn from

Screen time is a challenging subject.

As a parent, you are often stuck in what feels like an ongoing game of tug-o-war.

How much is too much?

Are they chatting for too long?

Are they playing too many games?

Are they not learning anything meaningful?

Well, there is another solution to the often inevitable conflict with your kids over their devices - podcasts.

Kids crave content and podcasts are the perfect solution for satiating that appetite, but also to give their eyes a much-needed break.

Here are 5 of the best Podcast series made especially for younger ears that we recommend your children have a listen to. And an added bonus - they will actually learn something too (and have fun!):

That's Incredible

Hosted by Andrew Daddo, this podcast is for parents and kids to listen to together or on their own.

From space to climate change to awesome Aussie animals, this podcast series is packed with heaps of incredible facts and stories about the world around us. It's a fun and easy listen with each episode being bite-sized in length so you can both listen in the car, to and from sport or they can listen on their own nestled in the beanbag or resting on their bed.

Fierce Girls

This podcast shares inspiring stories of fierce Australian women that will get the minds and hearts of your kids really excited.

Including Turia Pitt, Layne Beachley, and Edith Cowan, this podcast is a great listen for all kids and will teach them to reach for the stars.

Story Pirates

This award-winning podcast series takes the funniest, craziest, wackiest stories written by kids and turns them into episodes of sketch comedy and songs.

Featuring comedians, guest celebrities, and songwriters, Story Pirates will inspire your kids to write and create (they can actually submit their own story!). Not to mention there will also be some incredible belly laughs!

Short & Curly

After going into the homes and schools of children Australia-wide, this podcast series dives into some of the most common questions and themes that crop up in the everyday lives of Aussie kids.

Ranging in topics from food, to school, to technology and pop culture, this series is engaging and funny. It makes for some great dinner table conversation if you choose to listen together!

Ask Me Anything

Author and columnist Rebecca Sparrow has never shied away from answering questions and in this podcast, she gives heartfelt answers to real-life anonymous questions submitted by teenage girls.

The episodes are short and sharp, meaning that they're great for a listen in the car together and as a conversation starter. From friendship dramas to first crushes, there is sure to be a topic (or 10!) that really resonates with your tween or teen daughters.

Being online is important to kids so continue to keep an open dialogue around what they're doing and involve them in any decisions around boundaries. As your School, we are always here to support you and we encourage you to come to us with questions or concerns you may have on this topic.